

## Individual Development Plan – Internship Planner

As you prepare to begin your Washington Program journey, it is important to ensure that you have given your academic, internship, and career plans significant thought. The below questions are intended to assist you as you work toward deciding your course of action within the program. Set aside some time to thoughtfully and honestly answer the questions below. Return this document to the UC Davis Washington Program Coordinator at <a href="washingtonprogram@ucdavis.edu">washingtonprogram@ucdavis.edu</a> upon completion.

1.	Name: Why did you apply to the Washington Program?
2.	Briefly list all jobs, volunteer experiences, and internships you have completed since you graduated from high school.
3.	What do you plan to do after you graduate? What are some of your short-term academic and career goals? What are some of your long-term academic and career goals? What career field would you like to enter after graduation and why?

4.	What skills would you like to have on your resume that would help you to achieve your future goals listed above?
5.	List 3 D.C. internships that you feel would help you to achieve your career goals.
6.	Explain how your ultimate career goals would be supported by your participation in the above internships.
7.	Explain what skills you would gain as a result of your participation in the above internships that would help you achieve your ultimate career goals.
8.	Explain how you will meet the time commitment required to search for internships.