NUTRITION AND FOOD MINOR

MINOR SUBSTITUTIONS

Many UCD Majors and Minors incorporate credits earned while completing an internship and/or an independent research project. Students in some programs have been able to use their Washington Program Internship (WAS 192) and Research Seminar (WAS 199) credits as substitutions for their major or minor requirements.

Check with your advisor to see if you can do this as well!

INTERNSHIP IDEAS

Some of the places in Washington DC where students with an interest in <u>Nutrition and Food</u> could intern include:

National Women's Health Network National HeadStart Association National Institute of Health American Red Cross Food and Drug Administration Community Nutrition Institute US Department of Health Save the Children D.C. Department of Health National Center for Health Statistics National Health Council Children's National Medical Center

This is not a complete list! Please e-mail us at washingtonprogram@ucdavis.edu or visit us in our offices on the 2nd floor of South Hall to learn about more internship opportunities.

QUOTES FROM STUDENTS:

"I worked primarily in the Nutrition sector of the Department of Health. Some of the most interesting experiences I had were attending press conferences and meeting with other health organizations. Being in D.C. gave me the chance to work with many organizations and showed me the many career possibilities there are in the public health field."

"While the work was substantive and informative, the best part of my internship was having access to the resources at [the National Institute of Health]. I attended lectures on racial disparity in health outcomes, Hepatitis C and Bio terrorism. My supervisor encouraged me to attend lectures and further my education."

"Interning at the National Women's Health Network has furthered my interest in women's health, advocacy, and social outreach. From my specific work on the breast cancer treatment and recovery packet I learned how much information is truly unknown regarding diagnosis, prevention and treatment. This lack of information reinforces the importance of encouraging and advocating for informed health decisions"